COLOUR

IMPORTANCE & IMPACT ON A CHILD'S BRAIN

Why is it important to learn colors?

Along with shape recognition, **color** recognition is an **important** step in cognitive development for children. It plays a part it object recognition, and helps a child develop the descriptive language skills that will ensure clear communication.

"You can start teaching **colours** to your toddlers at as early as two year. Toddlers usually love bright **colours**. Start teaching them the basic **colours** first: **Red**, green, **yellow**, **blue**. Let them understand the concept of these basic **colours**

- COLOURS have different **effects** on a childs mind and development.

Primary colors are Red, yellow and blue. We can mix them to make different shades of Secondary and Tertiary Colours.

Understanding the Effects of Colors

- Yellow: Increases creativity and attention and instills a general feeling of positivity.

- Orange: Can improve alertness.

- Green: Peaceful and calm.

- Purple: Peaceful and calm.

- Brown: Can reduce feelings of fatigue and improve feelings of relaxation or make students feel more secure.

How do you introduce colors to kids? ∧

Teach with everyday activities

Start teaching them the basic **colours** first: Red, green, yellow, blue. Let them understand the concept of these basic **colours** before you go beyond these four

- When teaching colours to young kids I always like to help them make association with the colour.

- It can be as easy as just having crayons.

- Then I ask them to see their dress, or my dress, things around them to match with the colour.

- I have colour days to teach them and associate with the colours surrounding them in the classroom.

- Likewise you can have one day as a GREEN day.

- Dress the child and yourself in Green

- You can SHOW him/her the Green vegetables.

- Make him colour a ball Green.

- Show him/her a tree or a Green leaf.