

CHILDREN AND MUSIC: BENEFITS OF MUSIC IN CHILD'S DEVELOPMENT





FROM BIRTH, PARENTS INSTINCTIVELY USE MUSIC TO CALM AND SOOTHE CHILDREN, TO EXPRESS LOVE AND JOY, AND TO ENGAGE AND INTERACT. PARENTS CAN BUILD ON THESE NATURAL INSTINCTS BY LEARNING HOW MUSIC CAN IMPACT CHILD'S DEVELOPMENT, IMPROVE SOCIAL SKILLS, AND BENEFIT CHILDREN OF ALL AGES.



THE BENEFITS OF MUSIC

- **Music always stands out as a possible solution to combat hyperactivity.**
- **It helps the body and the mind work together.**
- **Dancing to music helps children build motor skills while allowing them to practice self-expression.**
- **For children and adults, music helps strengthen memory skills.**

WAYS THAT WE CAN USE MUSIC AS A TOOL TO TRY AND CALM DOWN OUR LITTLE ONES

❖ Classical music

❖ Nature sounds

❖ Learning to play an instrument

❖ Musicals and soundtracks from movies

CONCLUSION

Music is the perfect tool for mums and dads who are searching for ways to relax their children. Not only is it a resource that can channel children's excess energy, but it will also help children to develop important abilities such as creativity, concentration, listening, and communication. Your children will be happy listening to few peppy songs. Above all of these skills, you will be able to rest and calm down your children, enjoying music together.